## Lettuce Cups



## Makes 2-4 Servings

## Ingredients

- O 2 (5-ounce) cans of tuna or chicken
- O 1 tablespoon mayonnaise
- O 1 tablespoon plain Greek yogurt
- O 1 teaspoon celery salt
- O 1 teaspoon freshly ground black pepper (optional)
- O 1 small head of romaine lettuce

## Directions

- In large mixing bowl, combine canned tuna or chicken with mayonnaise and plain Greek yogurt. Add celery salt seasoning, and black pepper and stir together.
- 2. Place mixing bowl in refrigerator for 10 minutes to chill. While waiting, pull off leaves from romaine lettuce, rinse and dry off with a paper towel.
- 3. Remove chilled mixture from refrigerator, then divide mixture between lettuce cups equally and enjoy right away.

Recipe from: Feeding PA and PA Eats









feedingpa.org/hpi

Funding is provided by the Pennsylvania Department of Health through the Preventive Health and Health Services Block Grant from the Centers for Disease Control and Prevention.