

Fruit Soup



Makes 2 Servings

Ingredients

- 1 cup frozen strawberries
- 1 cup frozen raspberries
- 1 cup frozen blueberries
- 2 bananas, sliced and frozen
- 1 teaspoon honey
- 2 cups milk, divided
- 1 teaspoon cinnamon

Directions

1. Combine frozen strawberries, raspberries, blueberries and bananas and divide between two serving bowls.
2. Drizzle honey over fruit and pour 1 cup of milk over fruit mixture in each bowl and sprinkle with cinnamon on top.

Recipe from: Feeding PA and PA Eats

